

ONLY IN Us

Kim's AGELESS FACE



Haloossim has been working with Kardashian for a year.

The reality star's facialist, Melissa Haloossim, spills the techniques and products that keep the second-oldest Kardashian sister, 38, looking high-definition flawless

Muscle Work

To keep the Keeping Up With the Kardashians mogul's skin looking firm, Haloossim says she starts with a \$225 muscle toning session, using an electric current combined with an LED device to trigger contractions. "It's kind of like you're working out your face," she explains. And as a bonus, she says, "the LED naturally heals collagen at the same time."

Radio Frequency

For a plump and smooth surface, Haloossim uses a radio-wave device (cost ranges from \$250 to \$900) to improve the Selfish author's elasticity. "It sends a signal to your brain that you should be producing more collagen," she says. And while it does trigger some immediate results, she explains, they build over time.

CREAM ROUTINE

Haloossim doesn't recommend her patients — including Kim — pile on tons of products. She focuses on just three: sunscreen, which she says is a must even indoors, thanks to blue light from phones; SkinMedica's TNS Ceramide Treatment, \$69, skimmerica.com, which includes growth factors and antioxidants ("It's repairing and healing"); and the brand's tranexamic acid-based Lytera 2.0 (\$154, skimmerica.com) to control hyperpigmentation.



"She looks at it as preserving herself," the pro explains.

GOLDEN FACIAL

To prep for this year's Met Gala red carpet, the nurse-practitioner gave Kardashian her proprietary Golden Cocktail Facial, which uses tiny gilded needles to stamp a special mix of stem cells and "certain high-end ingredients" into the face. For an extra boost of nourishment, she follows up with a hydrating face mask containing more gold. All combined, she explains, the actions close pores and plump skin, leaving "almost a filler effect." Results of the treatment, which starts at \$650, last up to six weeks.

Laser Sessions

The founder of Skin Thesis in West Hollywood says that with antiaging treatment, "there's nothing like a laser treatment." These pain-free \$375 LED-based sessions "help with fine lines, pores, texture and tone. It gives more vibrancy to the face." Looking for an at-home option? She recommends the LightStim for Wrinkles, \$249, dermstore.com.

Cryo Treatments

Occasionally the facialist amps up Kardashian's radiance with a \$150 add-on to her every-two-months visits: "We have a new treatment called CryoLift, which uses a combination of CO2 and hyaluronic acid that stimulates oxygen in the skin," Haloossim claims. "It just tightens really nicely, and you're left with a glow."

Kardashian is no-holds-barred with her sessions — she's even had the nurse pop in at 10 p.m. after her kids are in bed!